# **5 Section Solo Sword**

# Section I

- 1 Opening Tai Chi Sword
- 2 Three Rings Envelop the Moon
- 3 Big Pole Star
- 4 Swallow Skims the Water
- 5 Little Pole Star
- 6 Twisting Sword
- 7 Shoot the Geese

# Section II

- 8 Falling Flowers (3x)
- 9 Slash with Blade
- 10 Draw-back
- 11 Squeeze
- 12 Straight Thrust
- 13 Lion Holds its Head
- 14 Phoenix Spreads its Wings

# Section III

- 15 Place Incence on the Altar
- 16 Little Whirlwind (3x)
- 17 Chase the Bird up the Tree
- 18 Enclose with Sword

#### **Section IV**

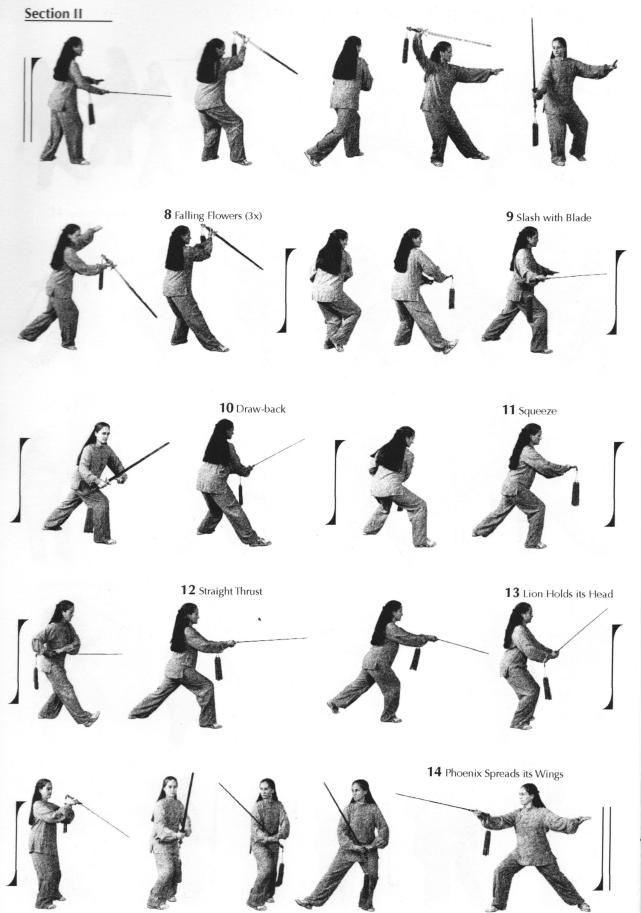
- 19 Night Demon Explores the Sea
- 20 Dragon Stands at Cauldron's Edge
- 21 Fair Maiden Weaves at Shuttles
- 22 Waiting for the Fish
- 23 Flash the Blade

#### Section V

- 24 Turn to Rein in the Horse
- 25 Wasp Enters Nest
- 26 Hands Present the Ivory Scroll

# 5 Section Taijiquan Solo Sword Form 五段太極劍

Section I 1 Commencing Form 2 Three Rings Envelop the Moon Big Pole Star Swallow Skims the Water Little Pole Star Twisting Sword Shoot the Geese



# Section III 15 Place Incense on the Altar 17 Chase the Bird up the Tree **16** Little Whirlwind (3x) Section IV 18 Enclose with Sword **20** Dragon Stands at Cauldron's Edge 19 Night Demon Explores the Sea **21** Fair Maiden Weaves at Shuttles 22 Waiting for the Fish

