

commencement



play guitar (the lute)



ward off (grasp birds tail)



rollback (grasp birds tail)



press (grasp birds tail)



push (grasp birds tail)



single whip



raise hands step up



white crane spreads wings



brush knee twist step, left



brush knee twist step, right



brush knee twist step, left



needle at sea bottom



(pierce with fingers)



fan through back



turn and chop with fist



step, parry and punch



apparent closure with push



pull down / tiger and leopard spring to mountain



cross hands and conclusion



## Longwater Tai Chi - Wu Style Short Form